

Tavistock Ramblers

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Tavistock



Ramblers

Winter 2011/2012 Walks Programme



ramblers
at the heart of walking

With help from





News



Walks Submissions

Without our Walks Leaders we would not have a Walks Programme and we are grateful to all those who have contributed to this very full Winter's Walks Programme.

However, on occasions, the information submitted to Rosemary, our Walks Programme Coordinator, is less than complete and this does involve some additional unnecessary work.

We have produced a Walks Submission Form to help you make sure that all the relevant information is included.

An example is included in this programme and it would be helpful if walks leaders would use this format in future.

Emergency SMS

Have you registered your mobile phone?

Although the information was included in our last Walks Programme it seems that not all of our walks leaders or other members have done this yet.

We strongly recommend that everybody does do this. It will mean that, if you have registered your mobile phone, you can contact the emergency services by SMS text if you are unable to get a strong enough signal for voice calls.

You **MUST** register your phone at www.emergencysms.org.uk to do this.

Go to www.emergencysms.org.uk for how to do it.

Kountry Kit

Once again, we are very grateful to Kountry Kit, our local specialist outdoor equipment shop, for their generous help towards the cost of producing our Walks Programme.

Don't forget, Kountry Kit will give 10% discount on production of their discount card (see Rosemary if you haven't already got one) or a current Ramblers membership card.

Winter 2011—2012 Walks Programme

We welcome all Ramblers members on our walks. Non-members are also welcome to join us on a walk before deciding to join Ramblers.

Our Group encourages car sharing and, except for the shorter evening walks, we meet in Tavistock to share transport. Please note that we do leave the Tavistock meeting point promptly at the time stated in the programme.

Drivers often appreciate it when passengers make a voluntary contribution. As a guide £1 to £4, according to distance travelled, is considered a reasonable amount.

Those wishing to make their own way to the start point should check with the leader to confirm that there have been no changes in details.

We ask you to please read the Guidance Notes below for your own safety and enjoyment of our programme.

WALKS GUIDANCE NOTES

Walks take place over ground that may be steep, uneven, slippery, muddy or rough and can involve climbing stiles and crossing streams. No liability is accepted by the leader or Tavistock Ramblers in respect of any personal loss, damage or injury that occurs on, or as a consequence of, any walk or event.

Walkers should wear suitable footwear, bring clothing appropriate to the walk and weather conditions and adequate food and drink.

The leader reserves the right to vary the route or cancel the walk to take account of weather or ground conditions. The leader also has the right to exclude from the walk anyone who is felt to be insufficiently fit or equipped for the planned walk.

Dogs are welcome on walks, except where specifically excluded, but on the clear understanding that they are under complete control at all times and on a lead where there is livestock.

Grading of Walks

Easy: Generally over terrain that does not involve much ascent or descent and within the reach of most people of reasonable fitness.

Moderate: Walks of greater length, requiring more exertion and including sections of moderate ascent and descent, possibly over more uneven terrain.

Hard: Longer walks or over steep and/or rough terrain and requiring a good level of fitness.

Social Events Winter 2011—2012 (for details see programme)

November 10th 2011	Skittles Evening
December 18th 2011	Christmas Tea Party
February 10th 2012	Quiz Evening
March 9th 2012	Annual Dinner

First Monday in the month 10.30 am (except Bank Holidays) Coffee at The Bedford Hotel

Holidays

Yorkshire Dales Week 11th to 18th May 2012

Date	Start Time	Start Grid Ref	Description	Miles	Grade	Contact
Saturday 5th Nov	9:30	SX748762	Start time at Pixon Lane CP. Park Saddle Tor CP. Walk Bag Tor, Buckland Beacon, Pil Tor.	8	Mod	Bruce 01822 610257
Sunday 6th Nov	10:00	SX537823	Start time at Abbey Rise. Park Lane End. Walk Tavy Cleave, Deadlake Foot, Hare Tor, White Hill, Yellowmead, Willsworthy. Mainly moorland.	7	Mod	Ernest 01822 833132
Tuesday 8th Nov	9:40	SX646788	Start time Pixon Lane CP. Park Postbridge CP. Walk Bellever Tor, Dunnabridge Pound, Bellever Bridge.	6.5	Easy	Long John 01822 616481
Thursday 10th Nov	19:00	SX445767	Skittles evening at the Blacksmith's Arms, Lamerton. 7.00pm for 7.30pm. Names and menu choice to Bruce.			Bruce 01822 610257
Saturday 12th Nov	10:00	SX522555	Start time at Pixon Lane CP. Park Saltram House CP. Walk Laira Bridge, Hooe Lake, Mount Batten, Bovisand, Staddiscombe, Radford Lake, Oreston.	10	Easy	Stephen & Lawrence 01822 855896

Date	Start Time	Start Grid Ref	Description	Miles	Grade	Contact
Sunday 13th Nov	10:00	SX460635	Start time at Abbey Rise. Park Bere Ferrers Quay. Walk Lopwell and riverside to Denham Bridge and back through woods.	8	Mod	Jacky 01822 841676
Saturday 19th Nov	10:00	SX589735	Start time at Pixon Lane CP. Park Princetown CP. Walk South Hessary, Older Bridge, Leather Tor Bridge, Peek Hill, railway track back to Princetown.	11	Mod	Rita & Dave 01822 853905
Sunday 20th Nov	9:30	SX803883	Start time at Abbey Rise. Park Steps Bridge CP. Walk Woodcock Wood, Mardon Down, Clifford Bridge and along the valley to Steps Bridge. Woods and downs.	7.5	Mod	Paul & Judy 01822 820597
Saturday 26th Nov	10:00	SX593944	Start time at Pixon Lane CP. Park Okehampton railway station CP. Walk Okehampton Camp, Rowtor, East Okement river. Good moorland paths, some lanes, one steep climb.	6.5	Mod	Peter W 01822 840020
Sunday 27th Nov	10:00	SX386850	Start time at Abbey Rise. Park St Mary's Church, Lifton (or close by). Walk Turchington, Kelly, Meadwell, Kellybeare, Moonhouse Plantation. Footpaths and lanes.	9.5	Mod	Ernest 01822 833132
Saturday 3rd Dec	10:00	SX555646	Start time at Pixon Lane CP. Park Cadover Bridge. Walk Trowlesworthy Warren House, Hen Tor, Shell Top, Penn Beacon. Open moorland and rough tracks.	8.5	Mod	Keith 01822 810626
Sunday 4th Dec	10:00	SX584943	Start time at Abbey Rise. Park Okehampton Castle CP. Walk Sticklepath and Belstone.	9	Mod	Nina 01837 659732

Date	Start Time	Start Grid Ref	Description	Miles	Grade	Contact
Saturday 10th Dec	9:30	SX724902	Start time at Pixon Lane CP. Park at Castle Drogo main CP. Walk Cranbrook Castle, Butterdon Down, Linscott, Whiddon Park. Some steep bits. Get ready for Christmas with tea afterwards!	9	Mod	Rosemary & Graham 01822 615564
Sunday 11th Dec	9:30	SX435723	Start time at Abbey Rise. Park Gunnislake Bridge, Devon bank in lane by toll house. Lockett, Latchley, Chillsworthy.	11 Walk	Mod	Mike 01822 832107
Tuesday 13th Dec	9:40	SX424682	Start time at Pixon Lane CP. Park at Cotehele Quay CP. Walk Metherell, Upper and Lower Danescombe Valley. Mince pies afterwards!	6.5	Mod	Long John 01822 616481
Sunday 18th Dec	10:00	SX509847	Start time at Abbey Rise. Park Lydford village CP. Walk Fernworthy Down, Great Cranford, King Wall, Nodden Gate, High Down.	7.5	Mod	Rosemary & Graham 01822 615564
Sunday 18th Dec	15:00	SX509847	Christmas Tea Party. Nicholls Hall, Lydford. Bring some party food and prizes for the raffle.			Bruce 01822 610257
Wednesday 28th Dec	10:00	SX525867	Start time at Pixon Lane CP. Park at Fox & Hounds CP near Bridestowe. Walk Nodden Gate, River Lyd, Doe Tor Brook, Dick's Well, Bleak House, Great Nodden. Fox & Hounds after.	8	Mod	Paul & Judy 01822 820597
Sunday 1st Jan	10.00	SX609750	Start time at Abbey Rise. Park at Two Bridges Quarry CP. Walk Longaford, Rough, Lydford and Beardown Tors. Open moorland.	8	Mod	Bruce 01822 610257
Saturday 7th Jan	9:30	SX659901	Start time at Pixon Lane CP. Park Shilstone Tor. Walk Gartaven, Wild Tor, Watern Tor, Manga Rock, Scorhill. Open moorland.	10	Hard	Rosemary & Graham 01822 615564

Date	Start Time	Start Grid Ref	Description	Miles	Grade	Contact
Two months to go to the Walks List deadline. Walks to Rosemary in writing on the Walks Submission Form, as soon as possible please						
Sunday 8th Jan	10:00	SX435863	Start time at Abbey Rise. Park on old A30 at Stowford. Walk Hayne Bridge, Tinhay Bridge, Sprytown, Allerford, Dippertown. Lanes and footpaths.	8.5	Mod	Peter W 01822 840020
Tuesday 10th Jan	9:40	SX569694	Start time at Pixon Lane CP. Park at Norsworthy Bridge Walk Deancombe, Sheeps Tor, Higher Meavy Bridge, Burrator Dam, Lowery Cross.	7	Mod	Long John 01822 616481
Saturday 14th Jan	9:30	SX688709	Start time at Pixon Lane CP. Park at Venford Reservoir CP east of dam. Walk Horn's Cross, Coombestone Tor, Holne Moor Leat, Venford Brook, Bench Tor then Great Combe, Michelcombe, Sandy Way Track. Figure of eight walk, 6 miles plus 4 miles.	10	Mod	Ian 01822 611304
Sunday 15th Jan	9:30	SX496733	Start time at Abbey Rise. Park at Whitchurch Down CP (first past cattle grid). Walk Shorts Down, Plaster Down, Sampford Spiney, Merrivale, Grimstone Leat.	10	Mod	Mike 01822 832107
Saturday 21st Jan	9:30	SX636563	Start time at Pixon Lane CP. Park at Woollcombe Lane, Ivybridge or Pay & Display CP. (£5 per day). Meet at Leisure Centre CP. Walk Erme Plym Trail, Ludbrook, Bittaford, Western Beacon.	10	Mod	Janice 01752 779786
Sunday 22nd Jan	10:00	SX632748	Start time at Abbey Rise. Park Lower Cherrybrook Bridge. Walk Bellever Tor, Postbridge, Lower White Tor, Longaford Tor, Muddilake. Open moorland and rough tracks.	8.5	Mod	Keith 01822 810626

Date	Start Time	Start Grid Ref	Description	Miles	Grade	Contact
Saturday 28th Jan	9:30	SS541044	Start time at Pixon Lane CP. Meet by the sheep at Hatherleigh car park entrance (street park or Pay and Display). Walk footpaths and lanes west of Hatherleigh. Dog owners: Please contact leader for advice.	9	Mod	Rosemary 01822 615564
Sunday 29th Jan	9:30	SX173517	Start time at Abbey Rise. Park NT CP Lansallos. Walk Pencarrow Head, Polruan (pub and WC), Lanteglos church, Pont Pill, Frogmore, Trevarder. Coast path lanes and footpaths.	9	Mod	Ernest 01822 833132
<p>One month to go to the Walks List deadline. Walks to Rosemary in writing on the Walks Submission Form, as soon as possible please.</p>						
Saturday 4th Feb	9:00	SX428709	Start time at Pixon Lane CP. Park at Gunnislake Station CP. Walk Tamar Way to Morwellham Quay, Bere Ferrers. Forest tracks and lanes.	14	Mod	Mike 01822 832107
Sunday 5th Feb	9:30	SX563917	Start time at Abbey Rise. Park Meldon Reservoir CP. Walk West Devon Way, Meldon, Sourton slopes, Vellake Corner, Black-a-Tor, Longstone Hill. Steep up to Black-a-Tor.	7	Mod	Paul & Judy 01822 820597
Tuesday 7th Feb	9:40	SX549751	Start time Pixon Lane CP. Park layby below Dartmoor Inn, Merrivale. Walk Merrivale antiquities, King's Tor, Ward Bridge, Sampford Spiney.	7	Mod	Long John 01822 616481

Date	Start Time	Start Grid Ref	Description	Miles	Grade	Contact
Friday 10th Feb	19:00	SX494727	General Knowledge Quiz at Whitchurch Community Hall. 7.00pm for 7.30pm. Bring a photo of yourself at a young age. Please also bring a plate of food to share. Tea and coffee provided.			Bruce 01822 610257
Sunday 12th Feb	9:30	SX672732	Start time at Abbey Rise. Park at Dartmeet CP. Walk Sherwell, Jordan, Ponsworthy, Sharp Tor, Coffin Stone. Valentine's tea at Badger's Holt. Paths, tracks and lanes.	8.5	Mod	Long John 01822 616481
Saturday 18th Feb	10:00	SX451667	Start time at Pixon Lane CP. Park at Bere Alston Recreation Ground. Walk Bickham, Trendle Lane, Rumleigh, Tuckermarsh.	7	Mod	Anne 01822 841141
Sunday 19th Feb	9:00	SX646788	Start time at Abbey Rise. Park Postbridge CP. Walk Grey Wethers, Fernworthy Forest, Warren House Inn, Soussons Down.	14	Mod	Mike 01822 832107
Saturday 25th Feb	10:00	SX520677	Start time Pixon Lane CP. Meet at St Paul's church, Yelverton (park in bomb bays). Walk Hoo Meavy, Goodameavy, Shaugh Bridge. Return via Roborough Down.	8	Easy	Stephen & Lawrence 01822 855896
Sunday 26th Feb	10:00	SX340963	Start time at Abbey Rise. Park at Lana Parish Hall (follow signs to Tetcott from A388 to Holsworthy). Walk Ruby Trail in old estate of Tetcott, Tamar valley.	5.5	Easy/ Mod	Jacky 01822 841676

Date	Start Time	Start Grid Ref	Description	Miles	Grade	Contact
<p>Walks List Deadline. Please use the Walks Submission Form. All walks in writing to Rosemary Clarke, 39 Anderton Court, Whitchurch, Tavistock PL19 9EX or email (again, using the Walks Submission Form), to rosemary.clarke@anderton39.co.uk</p>						
Saturday 3rd Mar			Devon Area AGM. Holcombe Village Hall, near Teignmouth			
Saturday 3rd Mar	9:30	SX740793	Start time at Pixon Lane CP. Park at Swallerton Gate CP. Walk Jay's Grave, Grimspound, Hameldown, Widecombe.	9.5	Mod	Ian 01822 611304
Sunday 4th Mar	9:30	SX680629	Start time at Abbey Rise. Park at Shipley Bridge. Walk Ball Gate, Three Barrows, Redlake, Avon Dam. Open moorland.	10	Mod	Bruce 01822 610257
Friday 9th Mar			Tavistock Ramblers Annual Dinner at the Mary Tavy Inn. Contact Bruce for details and menu.		Mod	Bruce 01822 610257
Saturday 10th Mar	9:30	SX262713	Start time at Pixon Lane CP. Park at Minions Heritage Centre CP (east). Walk Sharp Tor, Henwood. Moorland lanes and paths.	8.5	Mod	Peter A 01579 383298
Sunday 11th Mar	9:30	SX562917	Start time at Abbey Rise. Park at Meldon Reservoir CP. Walk Vellake Corner, Shelstone Tor, Branscombe's Loaf, Kitty Tor, Great Kneeset, Black-a-Tor Copse. Open moorland.	10.5	Hard	Ernest 01822 833132

Date	Start Time	Start Grid Ref	Description	Miles	Grade	Contact
Tuesday 13th Mar	9:40	SX680817	Start time at Pixon Lane CP. Park at Bennett's Cross. Walk Birch Tor, Headland Warren, Challacombe, Golden Dagger.	7.5	Mod	Long John 01822 616481
Saturday 17th Mar	10:00	SX431716	Start time at Pixon Lane CP. Park at Gunnislake CP. Walk Tamar Valley above and below New Bridge. Tracks and lanes with one or two steep sections.	7	Easy/ Mod	Stephen & Lawrence 01822 855896
Sunday 18th Mar	9:30	SS214037	Start time at Abbey Rise. Park at Whalesborough CP. Walk Marhamchurch, Launcells, Stratton, Poughill, Bude Canal. Tea shop afterwards.	10	Easy	Fred 01288 361087
Saturday 24th Mar	9:30	SX253523	Start time at Pixon Lane CP. Park on roadside at western end of Hannafore, Looe. Walk Kilminorth Wood, Talland Bay.	8	Mod	Peter A 01579 383298
Sunday 25th Mar	10:00	SX501831	Start time at Abbey Rise. Park at White Lady NT CP, Lydford. Walk Burnville, North and South Brentor, Wortha Mill Bridge, Glenside, Gibbet Hill. Bring NT card if you have one. Leisurely pace.	7	Mod	Martin 01822 860285
Saturday 31st Mar	9:30	SX803883	Start time at Pixon Lane CP. Park at Steps Bridge. A daffodil walk from Steps Bridge to Clifford Bridge by Cod Wood, Coleridge Wood. Return by Dunsford Wood.	8	Mod	Long John 01822 616481

Date	Start Time	Start Grid Ref	Description	Miles	Grade	Contact
Sunday 1st Apr	9:30	SS469175	Start time at Abbey Rise. Park at Watergate Bridge CP. Walk Langtree, Ashbury, Frithelstock. Tarka Trail walk	10	Mod	Nina 01837 659732
Sunday 8th Apr	9:30	SX694732	Start time at Abbey Rise. Park at Bel Tor Corner. Walk Dr Blackall's Drive, New Bridge, Holne, Spitchwick Manor, Ponsworthy. Good paths and lanes.	10	Mod	Keith 01822 810626
Tuesday 10th Apr	9:40	SX568694	Start time at Pixon Lane CP. Park at Norsworhty Bridge. Walk Leather Tor Bridge, Crazywell Pool, Older Bridge, Down Tor stone row.	7	Mod	Long John 01822 616481
Saturday 14th Apr	9:30	SS720039	Start time at Pixon Lane CP. Park at Zeal Monachorum on right side of lane which goes to Waie. Walk to Down St Mary and Burston.	9	Mod	Nina 01837 659732
Sunday 15th Apr	9:30	SX719768	Start time at Abbey Rise. Park Widecombe in the Moor overflow CP. Walk Hamel Down, Two Moors Way, Blue Jug, Natsworthy Manor, Honeybag Tor, Bonehill Rocks.	7	Mod	Paul & Judy 01822 820597
Saturday 21st Apr	9:30	SX138819	Start time at Pixon Lane CP. Park at Rough Tor CP. Walk Rough Tor, Brown Willy, Butters Tor, Arthur's Hall, Lounden Hill. Good moorland paths, steep hills.	7.5	Mod	Peter W 01822 840020
Sunday 22nd Apr	9:30	SX123516	Start time at Abbey Rise. Park on roadside in Hanson Drive near Fowey main CP. Walk Saint's Way from Fowey to Tregaminnion and Polmear, return on coast path to Polkerris, Gribbin Head, Polridmouth and Readymoney Cove.	9	Mod	Long John 01822 616481

Date	Start Time	Start Grid Ref	Description	Miles	Grade	Contact
Saturday 28th Apr	9:30	SX750811	Start time at Pixon Lane CP. Park at Manaton CP. Walk Foxworthy, Nutcrackers, Lustleigh, Hound Tor Wood. Bluebell walk (hopefully!).	9.5	Mod	Bruce 01822 610257
Sunday 29th Apr	9:30	SX425523	Start time at Abbey Rise. Park on street west side of Millbrook Lake. Walk Whitsand Bay, Rame Head, Penlee Point, Cawsand, Mt Edgcumbe. Return south side of Millbrook Lake.	12.5	Mod	Mike 01822 832107
Friday 11th May to Friday 18th May			Yorkshire Dales Walking Week			Paul 01822 820597

When submitting your walks for the next Walks Programme, please use the Walks Submission Form to ensure that you have all the relevant information to pass to Rosemary.

Tavistock Ramblers Walks Submission Form

Start Where will the walk start?		Grid Ref The six figure Grid Reference of the start point including prefix letters, eg SX, SS.	
Description of the walk Include the main points of the route			
Terrain What is the terrain, eg open moorland, lanes, footpaths, tracks, significant ascents or descents, likely to be wet etc			
Distance Length of walk in miles		Grade See the definitions in the Walks Programme	
Any other relevant information about the walk			
Dates I can or cannot do			
Name	Date	Tel No	Email Will not be included on the Walks Programme

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Chairman	Paul	01822 820597
Membership Secretary	Jo B	01822 810626
Walks Programme	Rosemary	01822 615564
Treasurer	John	01822 616481
Social	Bruce	01822 610257
Footpaths Officer	Graham	01822 615564



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